

# The Glass Staircase

by Heather Murray Tobias



This is a remarkable and innovative book which uses poetry and journal extracts to create a narrative of mother-daughter experience through a time of crisis and recovery.

...These are poems of great love and caring, of self-abnegation, witnessing mental illness, working with Professor Patrick McGorry's inspirational EPPIC (Early Psychosis Prevention and Intervention Centre), experiencing the instability which is figured as a glass staircase, and depicting the analogy of necessary hospitalization with the refugee experience, multicultural Hungarian culture, and a range of mythical references. The poetry is passionate and insightful, owing much to lived events and the power of human recovery. It is quintessentially Australian and feminine – a trenchant retelling of a wrenching and educative journey. An important and accessible work, this book can be recommended to poets, to teachers, to parents, and to troubled teens.

## The Glass Staircase

with foreword by

Professor Patrick McGorry, AO

RRP \$20.00 + Postage

"The book has flair and style, but also runs deep in raw emotion... the loved-one's pain is palpable, and held in a direct flow of words..." Dr Geoffrey Campbell

"This book should be on the course for university students of Psychology, and should be placed on the Reading List for Senior High School English classes." Greta Jungwirth

"... expressive and gracious in a visual, oral and aural dimension – enjoyable and engaging, relating to us intimately, awakening in the reader a renewal of hope..." Phil Constan

"Throughout that difficult journey, in the most fearful times, the mother turns towards music and nature – plants, birds and animals. A number of beautiful poems convey the mother's connection with the Earth. In one of them she says, her wealth is 'the gift of fellow creatures.'"

Dr Barbara Orlowska Westwood



59 shandley Street  
Wonthaggi  
Victoria 3995  
Australia



Ódrerir Books

Order Form : \$20 plus Postage and Handling : one book postage free: \$4 two books : \$7 three or more books

Miss. Ms. Mrs. Mr First:

Surname:

Business Name:

Address:

Postcode:

State:

[Telephone]

[Mobile]

[Fax]

[Email]

Quantity:

Amount Paid : \$

Your email address will only be used for the purpose of communication.

Payment Details : Please return your completed form with payment

☐ Cheque ☐ Bank Cheque ☐ Money Order [ Payable to H.M.Tobias trading as Thoth's Quill ] [email: For further Information](#)

Mail Cheque / Money Order including your form to: Thoth's Quill, 59 shandley Street, Wonthaggi, Victoria, 3995, Australia